

May  
2017

# Cranford High School Menu



## DAILY

<b>Monday 1</b>	 <b>Turkey Barge</b> Boar's Head Hot Roasted Turkey Breast on Garlic Bread with Mozzarella Cheese & a Side of Gravy	Meatball Parmesan Hero	 <b>Pesto Chicken Salad</b> Fresh All Natural Pesto Chicken Salad over Salad Greens served with Roasted Peppers & Croutons	  Made-to-Order Boar's Head Deli Bar   Vinnie's Pizza   Pasta with Marinara Sauce & a Roll
<b>Tuesday 2</b>	<b>Taco Tuesday</b> Seasoned Beef Tacos with a choice of Cheese, Lettuce, Tomato & Salsa	 Chicken Fajita Wrap with Onions & Peppers	 Chef's Salad with Boar's Head Turkey, Ham & Cheese over Greens	
<b>Wednesday 3</b>	French Toast Sticks with Sausage & Hash Browns	Popcorn Chicken with Tater Tots	 <b>Taco Salad</b> Seasoned All-Beef Taco Meat, Tomatoes, Olives, Salsa, Cheddar Cheese, Sour Cream & Chips	
<b>Thursday 4</b>	Macaroni & Cheese with Corn & a Dinner Roll	 Chicken Pot Pie	 Solid White Tuna Salad over Salad Greens & Assorted Vegetables	
<b>Friday 5</b>	Hot Sloppy Joe Sandwich on a Roll served with Tater Tots	 Grilled Reuben Sandwich	 Hummus Platter over a bed of Spinach served with Cubed Cheese, Pita Chips & Veggie Sticks	
<b>AVAILABLE DAILY</b>		Chicken Patty Sandwich Hamburger or Cheeseburger on a Bun Cheesesteak Hero	Garden Salad  All White Meat Buffalo Chicken Salad  All White Meat Chicken Caesar Salad	

A complete meal includes: Entrée with Protein/Grain, a Trip to The Farm Stand, & a Choice of Milk or Small Water. Selections on The Farm Stand are included with lunch. Choose servings of fruit and vegetables from a variety of options daily.

Also available daily: Assorted cold beverages vegetables & fresh & chilled fruit bowl.

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<b>Monday 8</b>	Eggplant Parmesan with Marinara Sauce & Garlic Bread	Bacon Cheddar Cheeseburger Sliders served with French Fries	<b>Pesto Chicken Salad</b> Fresh All Natural Pesto Chicken Salad over Salad Greens served with Roasted Peppers & Croutons	 Made-to-Order Boar's Head Deli Bar   Vinnie's Pizza   Pasta with Marinara Sauce & a Roll
<b>Tuesday 9</b>	Southern Fried Chicken with Mashed Potatoes & a Dinner Roll	Chicken & Cheese Stromboli served with Tater Tots	Chef's Salad with Boar's Head Turkey, Ham & Cheese over Greens	
<b>Wednesday 10</b>	Nachos Grande with Seasoned Taco Meat, Chips & Salsa served with Rice	Pizza Burger with Mozzarella Cheese & Marinara Sauce on a Bun	<b>Taco Salad</b> Seasoned All-Beef Taco Meat, Tomatoes, Olives, Salsa, Cheddar Cheese, Sour Cream & Chips	
<b>Thursday 11</b>	Homemade Meatloaf with Mashed Potatoes & Gravy	Popcorn Chicken with Tater Tots	Solid White Tuna Salad over Salad Greens & Assorted Vegetables	
<b>Friday 12</b>	Spaghetti & Meatballs with a Soft Roll	Pizza Dippers with Marinara Sauce	Fresh Fruit & Cheese over Salad Greens & Assorted Vegetables	
<b>AVAILABLE DAILY</b>		Chicken Patty Sandwich Hamburger or Cheeseburger on a Bun Cheesesteak Hero	Garden Salad All White Meat Buffalo Chicken Salad All White Meat Chicken Caesar Salad	

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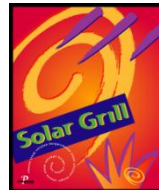
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<b>Monday 15</b>	Chicken & Cheese Quesadilla with Onions & Peppers served with Black Bean & Corn Salad	Chicken Nuggets with Tater Tots & Corn	 <b>Pesto Chicken Salad</b> Fresh All Natural Pesto Chicken Salad over Salad Greens served with Roasted Peppers & Croutons	  Made-to-Order Boar's Head Deli Bar   Vinny's Pizza   Pasta with Marinara Sauce & a Roll
<b>Tuesday 16</b>	Chicken & Broccoli Stir-Fry served with Rice	 Boar's Head Ham & Ricotta Cheese Calzones with Marinara Sauce	 Chef's Salad with Boar's Head Turkey, Ham & Cheese over Greens	
<b>Wednesday 17</b>	<b>Wild Wing Wednesday</b> Buffalo or BBQ Chicken Wings with Roasted Potatoes	 Meatball Parmesan Panini served with French Fries	 <b>Taco Salad</b> Seasoned All-Beef Taco Meat, Tomatoes, Olives, Salsa, Cheddar Cheese, Sour Cream & Chips	
<b>Thursday 18</b>	 Beef Enchilada served with Side Salad	Mozzarella Sticks with Marinara Sauce	 Solid White Tuna Salad over Salad Greens & Assorted Vegetables	
<b>Friday 19</b>	Crispy Battered Fish & Chips with Tartar Sauce	 Bacon Cheeseburger on a Bun	 Hummus Platter over a bed of Spinach served with Cubed Cheese, Pita Chips & Veggie Sticks	
<b>AVAILABLE DAILY</b>		Chicken Patty Sandwich Hamburger or Cheeseburger on a Bun Cheesesteak Hero	Garden Salad  All White Meat Buffalo Chicken Salad  All White Meat Chicken Caesar Salad	

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<b>Monday 22</b>	Waffle Bar with Assorted Toppings (Strawberry, Banana, Syrup & Whipped Cream)	Barbecue Pulled Pork with Coleslaw on a Bun	 <b>Pesto Chicken Salad</b> Fresh All Natural Pesto Chicken Salad over Salad Greens served with Roasted Peppers & Croutons	  Made-to-Order Boar's Head Deli Bar   Vinnie's Pizza   Pasta with Marinara Sauce & a Roll
<b>Tuesday 23</b>	<b>Cougar-Bowl</b> Mashed Potatoes topped with Crispy Chicken, Corn, Gravy & Cheddar Cheese	 Pepperoni & Ricotta Cheese Stromboli with Marinara Sauce	 Chef's Salad with Boar's Head Turkey, Ham & Cheese over Greens	
<b>Wednesday 24</b>	Baked Potato Bar with All-Beef Chili, Cheddar Cheese, Sour Cream & Broccoli	 All White Meat Chicken Parmesan Sandwich on a Kaiser Roll	 <b>Taco Salad</b> Seasoned All-Beef Taco Meat, Tomatoes, Olives, Salsa, Cheddar Cheese, Sour Cream & Chips	
<b>Thursday 25</b>	Sweet & Sour Chicken over White Rice with Steamed Broccoli	Bacon Macaroni & Cheese served with Side Salad	 Solid White Tuna Salad over Salad Greens & Assorted Vegetables	
<b>Friday 26</b>	Angie's Baked Ziti with Garlic Bread	 Philly Cheesesteak Panini served with Tater Tots	 Fresh Fruit & Cheese over Salad Greens & Assorted Vegetables	
<b>AVAILABLE DAILY</b>		Chicken Patty Sandwich Hamburger or Cheeseburger on a Bun Cheesesteak Hero	Garden Salad  All White Meat Buffalo Chicken Salad  All White Meat Chicken Caesar Salad	

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Monday 29		Memorial Day		
Tuesday 30	🍏 Broccoli & Cheddar Cheese Quiche with Egg Noodles	Pizza Dippers with Marinara Sauce	🍏 Chef's Salad with Boar's Head Turkey, Ham & Cheese over Greens	 🍏 Made-to-Order Boar's Head Deli Bar
Wednesday 31	Penna Pasta with Bolognese Sauce (Meat Sauce) & a Soft Roll	🍏 Tuna Melt on 7 Grain Bread served with a Side Salad	🍏 <b>Taco Salad</b> Seasoned All-Beef Taco Meat, Tomatoes, Olives, Salsa, Cheddar Cheese, Sour Cream & Chips	 Vinny's Pizza
Thursday 1	Kielbasa & Potato Pierogies served with Sautéed Onions & Sour Cream	🍏 Bacon Cheeseburger on a Bun	🍏 Solid White Tuna Salad over Salad Greens & Assorted Vegetables	
Friday 2	Sweet Italian Sausage & Pepper Parmesan Sandwich	Popcorn Chicken with Tater Tots	🍏 Hummus Platter over a bed of Spinach served with Cubed Cheese, Pita Chips & Veggie Sticks	 Pasta with Marinara Sauce & a Roll
<b>AVAILABLE DAILY</b>		Chicken Patty Sandwich Hamburger or Cheeseburger on a Bun Cheesesteak Hero	Garden Salad 🍏 All White Meat Buffalo Chicken Salad 🍏 All White Meat Chicken Caesar Salad	

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