The Cranford School District Parent Academy in partnership with the Cranford PTC and all school PTAs invite you to an evening presentation:



## RAISING HEALTHY CHILDREN

## ...AND KNOWING WHAT TO DO WHEN THINGS GO WRONG.

An Honest Conversation with K-12 Parents and Guardians presented by

George Scott, EdS, LMFT, Center for Counseling Services.

## Topics will include:

- · Exploring ingredients that help children and adolescents grow-up healthy
- Raising children to be resilient at every age
- Discussing approaches that can help reduce risks to children
- · Identifying your support team

Thursday, November 30<sup>th</sup>
7:00 pm
Cranford High School Auditorium

Please RSVP at <a href="https://goo.gl/forms/CGstGsxW19yoH2WJ3">https://goo.gl/forms/CGstGsxW19yoH2WJ3</a>