



Division of
Developmental
Disabilities
**Planning
for
Adult Life**

PREP Club

For students 16-21 with developmental disabilities, parents, and professionals in the field.

Madison High School

170 Ridgedale Ave

Madison, NJ

7pm-8pm

Every 4th Tuesday

January-May

Presented by Amanda Milaschewski

Transition Navigator

732-354-9374

amilaschewski@arcnj.org

www.planningForAdultLife.org

Got
Plans?

ADULT LIFE

Navigating the systems of care for a child 16-21 with developmental disabilities can be complex!

It requires you:

- to know the law
- to have an understanding of rights and responsibilities within the school system and the different systems of care
- to have knowledge of what support programs are available for your student
- as well as, lots of patience and perseverance.

Let Us Help

The **Planning for Adult Life Program** provides FREE useful information that you can use in creating a quality life plan tailored to your child's unique needs. Our Navigation Team provides the following:

Prep Club- Families and students are given a face to face opportunity to learn from our Transition Navigators what tools are needed, and options available for your child to lead a full and happy life. Topics to be covered: Exploring Housing Options, What is Medicaid and Why You Need it, The Importance of Building Community Ties, Support Services within NJ, and so much more.

Wednesday Webinar Series- Webinar Wednesdays: Every third Wednesday, our team of professionals will be providing instruction on important topics you will need in order to navigate the adult service system. Visit our website for archived presentations.

To locate a club in your area see reverse side or
go to: www.PlanningForAdultLife.org



Planning for Adult Life activities, events, and materials are conducted and developed in partnership with The Arc of New Jersey and Community Access Unlimited with funding from the New Jersey Division of Developmental Disabilities.