

CRANFORD HIGH SCHOOL
HEAD COACHING STAFF

Sport	Name	Email Address
Baseball	D. McCaffery	mccaffery@cranfordschools.org
Basketball B	S. Trotter	Trotter.sean@cranfordschools.org
Basketball G	A. Skrec	skrec@cranfordschools.org
Bowling	J. Fealey	fealeyja@cranfordschools.org
Cheerleading	C. Mulligan	mulligan@cranfordschools.org
Cross Country	J. Schiano	schiano@cranfordschools.org
Field Hockey	S. Berk	berk@cranfordschools.org
Football	E. Rosenmeier	rosenmeier@cranfordschools.org
Golf	S. Trotter	trotter.sean@cranfordschools.org
Gymnastics	M. Hulse	michele423@msn.com
Ice Hockey (B)	J. Mandel	mandel.joshua@gmail.com
Ice Hockey (G)	R. Hurley	hurlevri@cranfordschools.org
Lacrosse B	A. Reinoso	areinoso_44@yahoo.com
Lacrosse G	J. Roussey	jroussey20@gmail.com
Soccer B	G. Campbell	gcampbell@cranfordschools.org
Soccer G	K. Yorkanis	yorkanis@cranfordschools.org
Softball	M. Moreno	melissa.moreno@cranfordschools.org
Spring Track B	M. Dow	mickdow72@yahoo.com
Spring Track G	J. Schiano	schiano@cranfordschools.org
Swimming G	B. Kolesa	Barbarakolesa@gmail.com
Swimming B	E. Brawley	ebrawley86@gmail.com
Tennis B	R. Caparruva	caparruva@cranfordschools.org
Tennis G	K. Daubert	klynnlaubert@gmail.com
Volleyball G	T. Antoniewicz	antoniewicz@cranfordschools.org
Winter Track	J. Schiano	schiano@cranfordschools.org
Wrestling	P. Gorman	gorman@cranfordschools.org

ATHLETIC PHILOSOPHY

The Athletic Program in the Cranford Public Schools endeavors to foster in its players and coaches a spirit of cooperation, sportsmanship and mutual respect. Through developing the collective talents of all players and instilling ethical values, we aim to promote athletic ability, emotional well-being, responsible citizenship and lasting self-esteem.

ATHLETIC DEPARTMENT STAFF

Darren Torsone
Director of Athletics
(908) 709-6294
Fax (908) 497-1245

Lori Zullo
Department Secretary
(908) 709-6292
Fax (908) 497-1245
zullolor@cranfordschools.org

Katherine Guarnaccia
Christopher Flores
Athletic Trainers
(908) 709-6968
guarnaccia@cranfordschools.org
flores@cranfordschools.org

School Nurses Office
(908) 709-6305
ahernchr@cranfordschools.org

Athletic Schedules & Directions
schedules.schedulestar.com

Daily Athletic Schedule
(908) 709-6272 #6

CRANFORD
PUBLIC SCHOOLS

PARENT/COACH
COMMUNICATION GUIDE

DEPARTMENT OF ATHLETICS



“Home of the Cougars”

Darren Torsone
Director of Athletics

PARENT/COACH RELATIONSHIP

Both parenting and coaching are extremely difficult vocations. By establishing an understanding of each position, we are better able to accept the actions of the other and provide greater benefit to children. As parents, when your child becomes involved in our program, you have a right to understand what expectations are placed on him/her. Clear communication from the coach is imperative.

COMMUNICATION EXPECTED FROM COACH TO PARENT

- Coaches' philosophy
- Expectations coach has for your child as well as the entire team
- Locations and times of all practices and contests
- Team requirements (such as special equipment, off-season workouts, etc.)
- Procedures to follow in case of injury
- Discipline that may result in denial of participation

COMMUNICATION EXPECTED FROM PARENT TO COACH

- Notification of any schedule conflicts well in advance (i.e. vacation, college visits, etc.)
- Specific concerns regarding expectations
- Specific concerns regarding your child's health

As your child becomes involved in the programs in the Cranford Public Schools, he/she will experience some of the most rewarding moments in his/her life. It is important to understand that there may be times when things do not go the way you and your child wish. At these times, discussion with the coach is encouraged.

APPROPRIATE CONCERNS TO DISCUSS WITH THE COACH

- The treatment of your child mentally and physically
- Ways to help your child improve
- Concerns about your child's behavior

It is very difficult to accept that your child may not play as much as you would like. Coaches are professionals; they make decisions based on what they believe to be best for the whole program. The above list itemizes things that can and should be discussed with the coaches. Other items, such as those listed below, must be left to the coaches' discretion.

ISSUES NOT APPROPRIATE TO DISCUSS WITH THE COACH

- Playing time
- Team strategy
- Play calling
- Other student-athletes

There are situations that may require a conference between the coach and the parent. Conferences are encouraged. It is important that both parties involved have a clear understanding of the other's position.

GUIDELINES

Call the head coach at his/her respective school located in this brochure. If the coach is an adjunct coach, please contact the Athletic Department. If the coach does not return a call within 24 hours, contact the Athletic Department. DO NOT attempt to confront a coach before or after a contest or practice. These can be emotional times for both parent and coach. Meetings of this nature generally do not promote resolution.

UNSATISFACTORY RESOLUTION

Call and set up an appointment with the Athletic Director to discuss the situation. At this meeting, the appropriate next step can be determined.

Research clearly indicates that a student involved in co-curricular activities has a greater chance for success during adulthood. Many of the character traits required to be a successful participant in the Cranford Public School Athletic Program are exactly those that will promote a successful life after high school.

We hope that the information provided in this pamphlet will make your child's experience, as well as yours, less stressful and more enjoyable.

COMMUNICATION WITH ATHLETIC TRAINER OR SCHOOL NURSE

Please contact the Athletic Trainer or School Nurse with questions regarding the following:

- Athletic Physicals
- Health History Questionnaires
- Athletic Participation Consent Forms
- Injury Reports
- Insurance Claims