

ATHLETIC TRAINING ROOM PROTOCOL:

Athletic training rooms typically are shared environments with multiple individuals and groups of athletes all seeking the attention of the athletic trainer during a short, consolidated period of time as the athletes prepare for a practice or a game. This close contact environment in a shared space may act as a source for the spread of infection. It is therefore critical that infection control standards be adopted to attempt to mitigate this risk. Infection control in and around the athletic training room is a shared responsibility among the athletic trainer, the student-athletes, and the school.

Athletic Training Room Infection Control Policy

- No more than 2 student-athletes in the athletic training room at a time.
 - Additional athletes will form a line in the hallway and/or outside, 6' apart, waiting for their turn.
- All student-athletes must wear a facemask while in the athletic training room (unless in respiratory distress).

Hand Hygiene and Common Materials

- Athletic trainers should use and demonstrate appropriate hand hygiene by thorough hand washing or the use of approved hand sanitizer, before and after contact with each athlete.
- Athletes entering the athletic training room should be required to use hand sanitizer before entering and after exiting the athletic training room. Sanitizer stations should be located outside the athletic training room door.
- To minimize the volume of athletes who need to enter and exit the athletic training room, common individual items/products (band-aids, tape, under-wrap, etc.) are available for athletes in the team medical kit.

Athletic Training Room Physical Space and Equipment Cleaning Standards

- All exposed surfaces (desks, counter tops, chairs) should be cleaned with CDC approved cleaners at the start and end of each day.
- Treatment surfaces should be cleaned with appropriate CDC approved cleaners after an athlete has been treated utilizing that surface.
- Coolers and team medical kits should not be stored in the athletic training room area where athletes typically are treated.
- The inside and outside of coolers should be cleaned after each use/day. Cleaning should be done by team members based on procedures set up and outlined by athletic trainers.
- The outside of team medical kits should be cleaned upon return. The inside should be inspected by the athletic trainer and cleaned based on that inspection.
- Floors and other hard surface areas should be cleaned at the end of each day with CDC approved cleaners by school custodial staff.
- Door knobs/handles will be disinfected frequently.